



# Viaduct

BARONIAL NEWSLETTER

JULY 2006

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scheduled  
meetings

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## Meetings

### Baronial Business Meetings

1st Thursday of each month Sachem Public Library (Holbrook) 7:30pm  
Contact Seneschal Lord Thorolf Egilsen for information  
*All Officers are requested to attend*

### Incipient Canton Business Meetings Hawkes Reache

note new day

2nd Tuesday of each month East Northport Library Café 7:00pm  
Contact Seneschal Lord Cynyr Longtoes for information.

### Archery

"Tuesday Night Traditionals", at American Outdoor Sports, Rte 110 in Farmingdale (2040 Broadhollow Rd). Fees are \$18 for an annual pass plus \$6 per session (\*no limit on hours per session\*) with pass, or \$10 per session without the pass. BYOB - Bring Your Own Bow. Contact Erin for to confirm and for further details: (631) 470-4317

### Combat

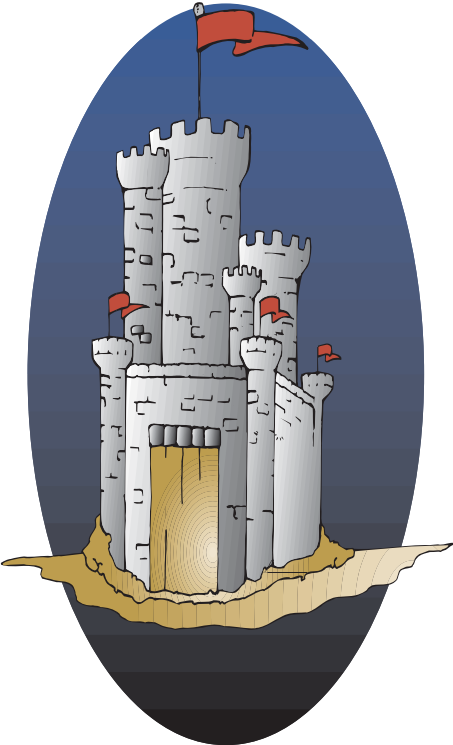
### Fencing Practice

Practices are held on Wednesdays from 7:30pm - 10pm, with at least one marshal if not more in regular attendance. Please call in advance to confirm and for location information. The site fee is \$5/person. More info will be posted on the Long Island Rapier and SCADUCKS e-mail lists. For more info contact Moresca at MorescaRF@aol.com, or Alec MacLachlan at captgoldman01@aol.com or call (631) 419-0771 (before 10:30)

### Guild/Workshops Fiber Arts Workshop

Workshops held on the 2nd Thursday of each month. Contact Erin of Skye, Mistress of Arts & Sciences) for location and time.

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## Baron & Baroness

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## Geneschal

**Lord Thorolf Egillsen**

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thorolf@optonline.net

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David Cortijo**

## Exchequer

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## Deputies

**Lady Cassandra**

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**Aylwyn Fraser**

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# Baronial Officers

## Knight Marshal

**Lord Peter Bog**

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Coram, NY 11727  
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**Lord Alexander MacLachlan**

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## Mistress of Lists

Rylan the Lost  
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**Erin of Skye**

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**Baroness Mistress Suzanne**

**Neuber de Londres**  
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## Web Mistress

**Arabella Rose**

(Nancy Bennett)  
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## Canton Geneschals

**Hawkes Reache (Incipient)**

*Accepting Letters of Intent*

**Lord Cynyr Longtoes**

(Jeffrey C. Bennett)  
4 Briarroot Drive,  
Smithtown, NY 11787  
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Cynyr@earthlink.net

## Want to share something?

Have your artwork, photos, poem or article in the  
Viaduct..

The Chronicler is looking for submissions for  
upcoming issues of Viaduct.  
Contact Joe Mugnai, Chronicler  
at jmugnai@mac.com or 516-610-8166 for  
submission guidelines and more information.



# Event Calendar

## July 2006

July 9

- Baronial Commons.  
(details below)

July 9

- Whyt Whey's Second Annual (almost) Midsummer's (a bit late) Masque: Canton of Whyt Whey - New York, NY

July 21-23

- East Kingdom War Camp: Shire of Eisental - Lehighton, PA

July 22

- Summer Archery Shootout: Barony of Concordia of the Snows - Voorheesville, NY

## August 2006

August 4-20

- Pennsic XXXV

August 26

- The Great Eastern Thrown Weapons War Camp: Barony of Concordia of the Snows - Caroga, NY

more details on these and other upcoming events can be found at the East Kingdom website:  
<http://www.eastkingdom.org/event-list.html>

## September 2006

September 9 - 10

- Barleycorn: The Next Generation: Crown Province of Ostgardr - Putnam Valley, NY

September 23

- 4Q and Falling Leaves: Barony of Beyond the Mountain - Bozrah, CT

September 23

- The Tiltyard at Linenfield: Barony of Concordia of the Snows - Ballston Spa, NY

September 30

- Coronation of Lucan VII & Jana IV: Barony of the Bridge - Pawtucket, RI

## JULY PENNSIC WORKSHOP & HAWKES REACHE BARONY COMMONS

July 9, 2006 noon-6pm

at the Home of Sorcha of Stonegrave & Peter of Hawkwoods  
16 Leonard Drive, East Northport, NY

Please bring a dish to share for 6 as well as the beverage of your choice. The grill will be on, fighter & fencing practice will be held, bring your Pennsic projects to work on, or just come and enjoy the day with your SCA friends. Any questions please feel free to e-mail me at [pjjny@yahoo.com](mailto:pjjny@yahoo.com) or call 631-754-8977 before 9:30PM.

From the west - Northern State to Exit 42 (Route 231 North) bear right at the fork, follow to Jericho Tpke, head East to next traffic light and make left onto Elwood Road (Shell Station & Block Buster Video). Follow a couple of miles until you cross Pulaski, the Railroad tracks and see Northport High School on your left. At the next light make a right onto Bellerose Avenue - pass the first light (Catherine Street) then make the third left (just past the Salvation Army & LIRR Station) onto Leonard Drive. #16 is the fourth house on the right go around the corner to the right and park by the cemetery. Email for other directions.

From the east - take the LIE to exit #54, which is the Sagtikos/Sunken Meadow Parkway North. Follow that to Pulaski Road West toward Huntington. Stay on Pulaski until the fourth light and then make a right onto Larkfield Road. Go over the train tracks and bear left at the light onto Laurel Road. Make your 1st left onto Upland Drive. We are the second house on the left. Please park by the cemetery on the right.



## Stands a Warrior

by Emma MacMinn

Stands a warrior, Stands a Fighter  
Armor ready, blade on high  
Takes no Glory in the killing  
But for a king prepared to die

Refrain:

Stands before you  
Stands behind you  
Stands beside you in the fray

Stands a warrior  
Stands a fighter  
Strength and honor wins the day

Strength and honor to the glory  
Battle ready at king's command  
Knows a duty, knows no limit  
Knows what mind and heart demand

Refrain

Stands with broad sword, mace, or flail  
Spear or glave, axe or madu\*  
Bastard sword, shield, or longbow  
Strong ballista or trebuchet

Refrain

Friends defeneded, friendship ended  
Reunited or departed  
Loss and longing fuels the fire  
Ever onward, come what may

Refrain

For their Kingdom, for their King  
For their Queen and for their faith  
For their neighbors  
For their loved ones  
For their honor  
For the day

Refrain

Note: A link to a midi file so you can actually hear  
the song can be found at:  
<http://www.eastkingdom.org/trm/royalodes/ode4.htm>

## An Dubhaigeainn the Baronial Anthem

and

## Stands a Warrior

Her Majesty's requested song.

## An Dubhaigeainn

By Siobhan inghean ui Dhonnabhain

The water birds do ride the ocean waves in winter, fall, summer, and  
spring.

Our people look to the blue and gold, with argent duck serene.

Our banner raised, we live the Dream

For Eastern Kingdom and Eastern King and Queen.

We are the Barony of An Dubhaigeainn.

Our wings are strong, we do not tire or flag and loyal for life are we.

Our sword arms fight for the blue and gold, with argent duck serene.

And Three Skulls semper nos sustine

For Eastern Kingdom and Eastern King and Queen.

We are the warriors of An Dubhaigeainn.

Our feathers fletch a shaft of wood that flies to its target far down the  
green.

Our people shoot for the blue and gold, with argent duck serene.

No other archers' eyes as keen

For Eastern Kingdom and Eastern King and Queen.

We are the archers of An Dubhaigeainn.

Our blades are sharp, our capes confuse a foe, as wings and bill unseen.

Our people fence for the blue and gold, with argent duck serene.

We know our thrusts are always clean

For Eastern Kingdom and Eastern King and Queen.

We are the fencers of An Dubhaigeainn.

Our needles bright, our brushes small produce art with a feather's sheen.

Our artists work in the colors blue and gold, with argent duck serene.

Our cooks turn out such delicious cuisine

For Eastern Kingdom and Eastern King and Queen.

We are the artisans of An Dubhaigeainn.

FIGHTER PRACTICE DATES  
AND WAR CAMPS

July

- Jul 9 Practice: 16 Leonard Dr.. East Northport, (at July Commons.. See pg 3 for directions.)
- Jul 16 Practice: 417 Freestate Drive Yaphank, 2:00pm
- Jul 21-23 East Kingdom War Camp, Shire of Eisental, Lehighnton, PA

August

- Aug 4-20 Pennsic 35: East Kingdom/Aethelmearc/Middle, Slippery Rock, PA

These dates are subjected to change. Direction to 417 Freestate Drive: (see map on next page) LIE-68 South, make first left on Moriches-Middle Island Rd. (2nd light), make your second right on to FreeState 2nd House on the right, (before the power lines) . For more info contact Lord Peter Bog, Knight Marshal of An Dubhaigeainn - Peterbog1@yahoo.com

From the Seneschal of the Incipient  
Canton of Hawkes Reache

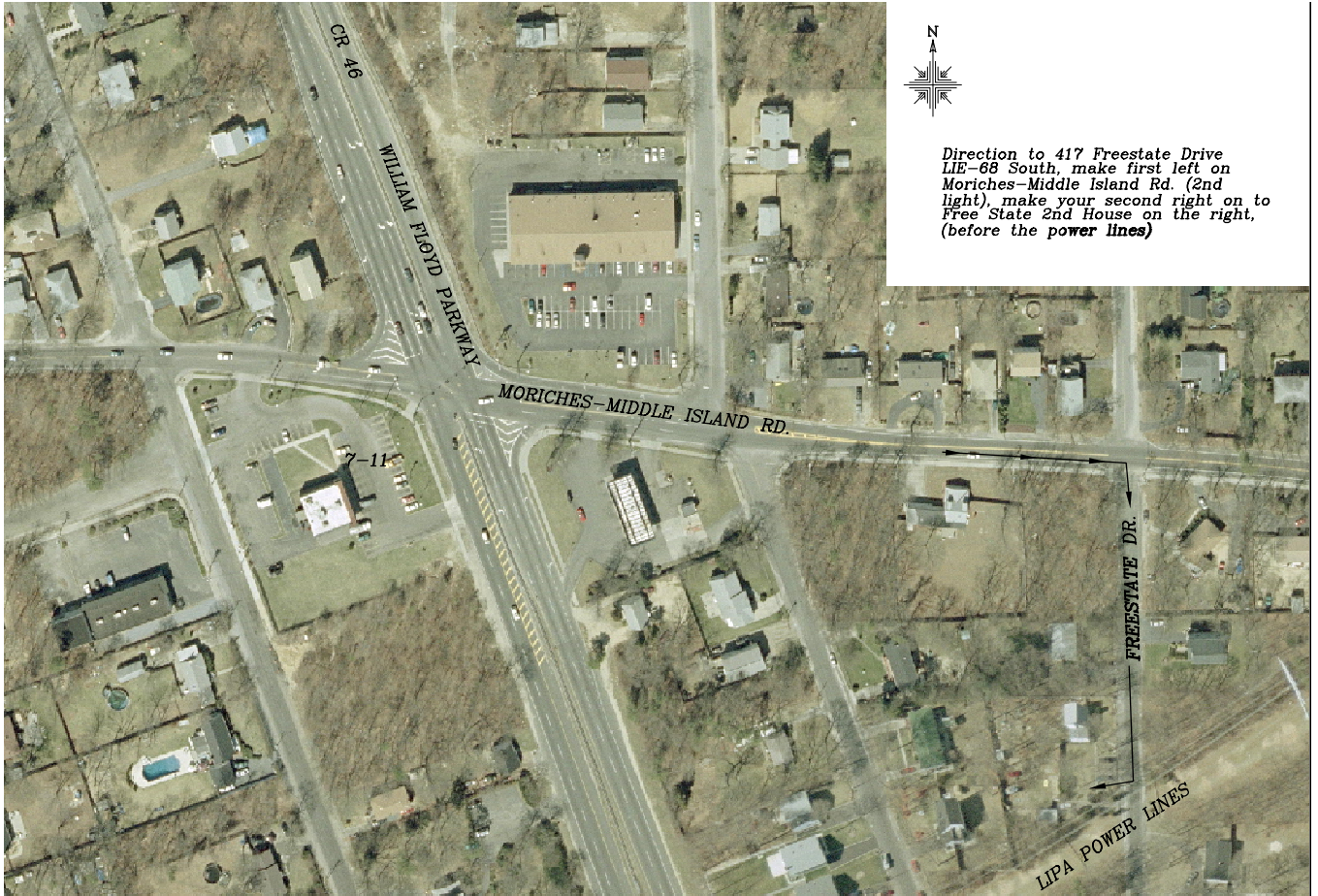
Time and tide wait for no one, and so it is with me. It has been my honor to serve as Seneschal of the Incipient Canton of Hawkes Reache, but it is time for me to step aside for younger blood. The Incipient Canton has some vibrant and dedicated people within her borders, and deserve to become a Canton. To that end we have our Name and Device passed and in hand. Some more work needs to be done on that road, but the destination is a worthy goal.

I ask that Letters of Intent be sent to the Seneschal of An Dubhaigeainn, the Baron and Baroness and myself.

Thank you all for your support

In service  
L. Cynyr, Seneschal of Hawkes Reache

Directions to 417 Freestate Drive  
(Fighter Practice)



## FROM THE CORONET



reetings All,

We have been working hard on all fronts to prepare for Pennsic. Heavy weapons and fencing practices have been going strong, with some practices being held jointly with other groups to lend our fighters the experience of coordinating with their larger counterparts. Please check with our Knight Marshal, Peter Bog, for upcoming heavy weapons practices, especially those coordinated with the larger units, and our Fencing marshal, Alec MacLachlan, for fencing practices. For those looking to take part in the Thrown Weapons competitions, we urge you to contact our local Thrown Weapons Marshal, Magnus Sverre Haakonson, for info on local practices at his place.

On the Arts and Sciences front, we strongly encourage folks to display their A&S projects, both finished and in-progress, in the Pennsic A&S Display. Projects may be pre-registered online through August 1, with on-site registration available, as well. Day-of registration for display space will be on a first come-first, served basis. It is a wonderful chance to discuss your interests with other folks from the Known World, as well as get some valuable advice on your work. It is also a great chance to meet new folks. See the Pennsic 35 website for more information.

On a side, but related, note, with folks scrambling to get things together (garb and other Pennsic-related projects) in time for Pennsic, we remind folks to take advantage of our local Mistress of Arts & Sciences. Erin has plenty of room for workshops and three sewing machines available for folks looking to get their Pennsic wardrobes in order. Another thing she has that is on short supply for many of us the closer we get to Pennsic - time. You don't have to wait for the monthly workshop - Give her a ring!

Runnymede plans are going apace. The menu is almost set,



with invitations to go out shortly. The Baronial gifts are almost completed. We hope to have a schedule and signup sheet ready shortly for posting to the website and discussion list. Your assistance, for those tasks already completed and for those yet to be, is greatly appreciated by us. We are truly overwhelmed by all the folks who have stepped up to the plate to offer their time and energy to this endeavor.

This year's Baronial Pennsic schedule will kick off for many on the Sunday just before War Week as we process to the battlefield in the Opening Ceremonies. As Their Majesties enjoy pageantry, we would encourage folks to wear Baronial colors for the procession. Folks without the blue and white are still encouraged to process – the more, the merrier. A request on our part is for folks to sing the Baronial anthem during the Opening Procession and, later in the week, on our way to EK Royal to muster for the battle. Her Majesty has also requested that the EK troops march to the battlefield that

day from EK Royal singing a song of her choice. We have heard this song and it is indeed quite inspiring. To hear this song sung by the entire EK army as we march into battle will be quite a stirring event. The lyrics for both songs are posted elsewhere in this issue in order to give everyone ample time to learn them for Pennsic.

The 6th Annual Baronial Ice Cream Social will kick off that same day, shortly after our return from the procession. Folks to help with a) picking up the supplies, b) prepping the camp for guests, and c) cleanup are needed and appreciated. For those new to the encampment, the Social is a time for members and friends of the Barony both past and present may come to while away some time with old friends (and enjoy some ice cream).

This year, on the first Monday of War Week, the Barony will be hosting the annual Runnymede Dinner for the landed Coronets of the East Kingdom. Much help will be needed in a variety of venues. It is a chance for our Barony to show strut our stuff.

*continued on page 8*

# Packing for, and Surviving at, Pennsic

by Baroness. Gianetta Lucia Alegretta

## Packing for Pennsic: The Necessities:

### Clothing

Garb for the Duration (plus 2 days extra)  
Cloak  
Comfortable shoes/sandals/boots  
Shower sandals (for Pennsic showers)  
Warm socks/stockings (plus 2+ days extra)

### Sleeping Gear

Sleeping bag or blanket(s)  
Sleeping mat  
Cot/Bed  
Pillow(s)

### Camping Gear

Tent/Pavilion (poles, stakes, ropes)  
Tent fly  
Tarp  
Waterproofing material  
Mallet  
Post-hole digger  
Lantern  
Batteries  
Small cooler

### Emergency Gear\*

(\*can be kept in car for safekeeping)  
Flashlight  
Extra change of garb  
Extra change of mundane clothing  
Waterproof bag/bin  
Emergency medications (incl. bee-sting stuff)  
ID\* - They won't let you in AND you can't purchase or drink alcohol without it!  
Spare batteries  
Spare flashlight  
Spare cash (safely hidden)  
Emergency med-kit

All right. This article began its life as a "simple" packing list to help those new to the Pennsic experience know what to bring to Pennsic. I'm not exactly sure what happened but, at some point, it evolved into more of a survival guide for Pennsic, culled from many past experiences at Pennsic.

Please note that the above-listed items are only the "bare necessities." Other items may be added, depending on your needs, your wallet, or your level of "decadence" – rope or slat bed (and the bed linens), rugs &/or tapestries (to give your pavilion a more "period" feel), a wooden chest (to hide your cooler or other modern necessities), plus a host of other personal preferences. After almost 20 years of camping at Pennsic, Jean Xavier's and my list has become a good deal more extensive. Alarmingly so, sometimes.

Firstly, some words about your temporary home away from home. . . Mallets & posthole diggers care are often carried by a number of the more seasoned veterans of Pennsic. The former gets those pesky but important tent stakes into the sometimes hard (or sometime soft) Pennsic soil quicker and easier. The latter comes in quite handy in the small shallow trenches around your tent when rain brings a possibility of flooding to your neighborhood. Waterproofing your tent should be done and tested long before you arrive at Pennsic to spare you future hardship.

Your best bet is to waterproof it in your (or a friend's) backyard, allowing it to dry thoroughly, and leaving it up a couple of days. Rain will test your handiwork and let you know whether you have a Pennsic-worthy tent. Far less painful to test your waterproofing skills (or that of the person or merchant you bought your tent from) in this way than to find out after a Pennsic deluge that you've just lost or ruined \$500 in goods you just bought.

With regards to garb, mixing & matching pieces of outfits maximizes & makes the most of a sparse wardrobe. Try to think in terms of the weather possibilities Pennsic can offer - hot or cold, dry or wet, and every combination in between, including some serious storm activity. Wool & linens work best, but cotton is good, too. Stay away from most man-made fabrics unless you like (or want) heat exhaustion. Wool will keep you warm on cold nights and, as crazy as this might sound, cool on hot days, depending on the weight of the fabric. Wool for the outer layer of your cloak will keep you very warm and will hold quite a bit of rain off your skin before it soaks through, keeping you comfortable in the process. Make sure you line it with something softer, especially if you think you may be allergic to wool again your skin.

Linen will keep you cool, as, like wool, it breathes. If budget, access, or timing are an issue, cotton will work in a pinch. Layering your garb works to both to transfer sweat

from your body, keeping you cool, and to trap warmth between the layers, keeping you warm. I cannot stress how important it is to make sure that you bring garb that is washable. It is wonderful to bring elaborate garb for the fancier occasions, such as Court or the Pennsic masked ball, but keep in mind the distinct possibility of it getting christened with mead or, worse, Pennsic mud, which is nigh unto impossible to get out.

For traveling around Pennsic at night, you will want some sort of lantern (for a more "period" feel). Do not, for any reason whatsoever, leave it unattended at any time. Even more importantly, do not use candles in your tent. Tents are flammable, no matter what they are made from. Fire-retardent does not mean fireproof. Tents can catch fire in an instant, spreading within a matter of moments to your neighbors and causing all sorts of grief. A modern battery-operated lantern works quite well for "indoors." Always keep a flashlight handy for emergency purposes.

For traveling around Pennsic at any time, a pair (or two) of comfortable shoes, sandals, or boots is highly recommended. They key is comfortable. Sneakers are right out. Opt for something with a more "period" feel if you can. It will jar less with the rest of your garb and complete the illusion you are shooting for. Keeping them somewhat

*continued on page 8*

*from the coronet – continued from page 6*

During War Week, we ask that folks attend the various battles, even if they are not participating in them, as support staff (both as “cheerleaders” and as physical support in the form of water bearers and folks to help carry gear to and from the battlefield) is always needed, both for the Barony and for the Kingdom. The Field Battle is usually our greatest and most-coordinated push for this. Let us show our troops how proud we are of them!

On a final note, we have moved our Baronial Court to the final Thursday evening of War Week, after East Kingdom Curia, leaving that Friday free for the Second Annual Baronial Cook-off, while giving folks a chance to pack up at their leisure.

That’s all for now!

In Service,

*Jean Xavier and Gianetta*

*packing for pennsic – continued from page 7*

“period” looking is not as difficult as it sounds. You’d be surprised at what you can find in Payless or WalMart. Today’s fashion trends sport a host of throw-back fashions that can be readily fit into your wardrobe. For showering at Pennsic, remember that you will be sharing the slippery, wet floors with a thousand of your closest friends and wherever or whatever places they’ve been walking. A pair of cheap, waterproof shower sandals is advisable.

A note about germs – Pennsic takes place on a campsite supporting some 12,000 folks. Between mud and dust, it is hard to stay clean. Hard, but not impossible. Taking a few precautions while you are at Pennsic will keep you and, in some cases, your neighbors, healthy and make your Pennsic that much more enjoyable. Keeping your tent area clean from trash, especially food waste, will keep the flies and the ants from making too-personal housecalls to your tent and that of your neighbors. Making sure the food in your personal cooler is fresh and well-iced will keep you from catching any nasty “plagues.” Thoroughly cleaning any feast gear you use at the soonest opportunity and rinsing out your cooler on a daily basis will do the same. Helping with the emptying and removal full trash receptacles in your encampment will help, as well, while making you many friends among your campmates in the process.

Regarding water – It’s best to drink bottled rather than water from the hose. Pennsic water is VERY heavy on the minerals. A few days (or even hours) drinking it and you’ll learn very quickly just exactly what I mean. Drink water. Drink it often. Drink it before you even really feel thirsty. This goes for folks both on the battlefield and off. Heat exhaustion can sneak up

on you before you know it. Contrary to the beliefs of some, shopping, alas, is not proof against dehydration or, worse, heat exhaustion.

On a last note... Remember, for many, Pennsic is a vacation. A place to kick back and put the “real” or “mundane” world from our minds for a bit. Keeping cell phone usage to a minimum or, at least, out of sight, helps. As a Pennsic widow, I understand what it’s like to miss your other half or to need to check on the well-being of your kids. Making your calls more discreetly and keeping your voice down while you’re placing your call shows consideration and will be greatly appreciated by your campmates. Pennsic conditions, for many reasons, can produce or exacerbate stress for some. Being too hot, too cold, missing your loved ones, feeling ill – all these things can spoil the Pennsic experience. Remember, anyone can have fun under ideal conditions. It takes a true trooper to forget his or her own immediate troubles and reach a hand out to someone in need. Everyone pitching in a little here and there with any camp chores (ice/water runs, whether down the hill with your little red wagon or into town via car; garbage runs down to the dumpster; or general errands), sharing the tasks as needed means the camp stays neat and livable and we all have a good time. And - it’s a wonderful way to make new friends along the way.

Now, bear with me as it’s been a long time since my early, I-have-no-money-and-even-less-of-a-clue-what-to-expect days but here’s a rough cost breakdown that I’ve used that might help. Don’t forget to include your Pennsic fees to the Coopers or your encampment fees in you budget.

Breakfast- \$5.00  
Lunch- \$10.00\*\*\* (This can include lunch, as well as any snacks

during the day)  
Dinner- \$15.00  
Fuel- \$60.00/tank of gas x 2-3 tanks round-trip\*\*\* (Presumable, then split between you and the other travellers in the vehicle)  
Tolls- \$20.00/round-trip (a rough estimate)

Some things to note about the food expenses I’ve listed above. The amounts can vary, depending on a) what you eat for, say, breakfast or lunch and b) whether you even eat that particular meal. Another thing, the weather is often hot and, with all the running around we generally do, many of us find that we eat lighter than we do back home.

There is a food court onsite with a wide variety of food selections. Fares range from the very mundane (pizza, Philly cheese steaks, hamburgers, fries, ice cream, etc) to the more “period” foods (bread bowls - hollowed-out loaves of bread filled with tasty stews & sauces; turkey legs; meat pasties - pastries filled with, what else, meat; and many more things).

Regarding the other expenses, I have found that squirreling your “getting home” money (eg. Gas, tolls, food, etc) at the start of Pennsic helps keep you from spending your last dime and prevents a world of worry come packing time. Also, keep in mind the condition of your vehicle. Does it need maintenance prior to the trip and will it make the trip home without trying to find a repair shop in the middle of Pennsylvania should also factor into your budgeting plans.

I know this is a lot to someone less experience in the singular event that is Pennsic, but a little pre-planning makes for a world of enjoyable times. May your Pennsic be cool, dry, and fun!

